



SAHUARO HIGH SCHOOL BAND

Volume 1 Issue 2
October 2009

Water Schedule

HYDRATION IS HAPPINESS

After each band performance, we provide the students with a cold bottle of water. Each year we ask parents to contribute at least one CASE of 16 OZ. WATER BOTTLES. Cases of water can be purchased for less than \$5.00. We request that the water be delivered to the band room by the day PRIOR to the scheduled performances.

Date	Section	Due
10/3	Trumpet	10/1
10/10	Drum Maj./Sax	10/8
10/16	Guard	10/15
10/31	Clarinets	10/29

THANK YOU!!!!!!

Special points of interest:

- Band website
www.sahuaroband.com
- Mr. Switzer e-mail
director@sahuaroband.com
- Sahuaro High School website
<http://edweb.tusd.k12.az.us/Sahuaro/>

Cougar Pride

Student Spotlight



Name: Nicole Nelson

Instrument: Percussion/
Drum Major

Grade: Senior

Played: 6 years

Enjoys Most: The feeling after a performance and you feel great because you did your best.

College Plans: I'm going to the U of A and majoring in Aerospace engineering and marching in the Pride of Arizona.

Favorite Band: Meat Loaf

Something interesting about myself: Lived in Germany for 3 years and Vegas for 6 years. I like the Minnesota Vikings and think that the purple people eaters are

the best defensive line ever and nobody can beat them.

Name: Dillon Barr

Instrument: Trumpet

Grade: Senior

Played: 7 years

Enjoys Most: The feeling you get performing for an audience while putting on an exceptional show.

College plans: I'm going to the U of A and majoring in

either broadcast journalism or psychology.

Favorite Band: Well my favorite band with a trumpet in it is Gordon Goodwin's Big Phat Band ,but my favorite band is Pantera.

How do I handle responsibility: My biggest thing is I try not to stress and freak out about the way things are



going for better or worse. I try to relax and assess what needs to work and how I can help fix it.

Fry's Fundraisers-Easy to Participate & Great Returns

Fry's Cool Ca\$h started. You just need to scan the Sahuaro Band bar code at check-out. If you don't have a copy of the bar code you can get it from the band's website on the home page. Scroll down to Fry's Cool Ca\$h and click on "bar code". Simply print it out, take it to Fry's and prior to check-out scan it along with your VIP card.

Fry's Gift Cards are available for immediate delivery. The cost is \$5.00. You can reload your gift card any time at Fry's for any amount up to \$500, and pay for the recharges with cash, checks, debit card or credit cards. So, for example, with a total purchase of \$15,000, Sahuaro Band would receive a 4% rebate, which would give us \$600. If you have any question, feel free to contact me at 870-8849 or email me at vrcooboo@msn.com.



SAHUARO HIGH SCHOOL BAND



Stay Healthy

The month of October is extremely busy for the Sahuaro High School Marching Band. Please make sure your student is getting enough rest. Make sure they are staying hydrated too. As the weather cools down the students tend to drink less, but they still need to consume lots of water during practices. Please remind them to wash their hands frequently too to help stop the spread of illness. With H1N1 in full swing and flu season starting up, you might consider getting your child the appropriate vaccines.

As good as I am,
I'm nothing without
my band.

**SAHUARO HIGH SCHOOL
MARCHING BAND
545 N. CAMINO SECO
TUCSON, AZ 85710**

October 2009 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 SHS FB game @ Sunnyside	3 UA Band Day call time 11:30 am Performance 4:14 pm
4	5	6 Practice 6-9 p.m.	7 SHS Fall Music Concert in auditorium @ 6:30 p.m.	8 Practice 6:30-7:30 am and 3-5:30 p.m.	9 SHS FB game @ Nogales	10 CDO HS Invitational
11	12	13 Practice 6-9 p.m.	14	15 Practice 6:30-7:30 am and 3-5:30 p.m.	16 SHS FB game vs. Desert View Middle School night	17 UA concessions vs. Stanford
18	19	20 Practice 6-9 p.m.	21	22 Practice 6:30-7:30 am and 3-5:30 p.m.	23	24 UA concessions vs. UCLA
25	26	27 Practice 6-9 p.m.	28	29 Practice 6:30-7:30 am and	30 SHS FB game @ Marana	31 Ironwood Ridge HS Invitational